

# Post Graduate Diploma in Psychological Counselling (PGDPC):

Duration: 1 Year (2 Semesters)

Eligibility: Any Graduate (2 years or 3 years), Age

Limit: 55 Years

Objective:

This evening program is specifically designed for working professionals who wish to expand their skills in psychological counselling. The PGDPC program integrates theoretical knowledge with practical experience, providing students with the necessary tools to support individuals, families, and groups facing emotional, psychological, or social challenges.

## Curriculum Highlights:

- **Core Subjects:** Counseling Techniques, Crisis Intervention, Psychosocial Support, Ethical and Professional Practices, Family and Group Counseling
- **Practical Knowledge:** Internship opportunities and supervision by experienced professionals in real-life settings such as hospitals, schools, rehabilitation centres, and NGOs.

## Career Opportunities:

Certified counsellors can work in a range of settings, including:

Mental Health Clinics and Hospitals  
Schools and Special Education Institutions  
Rehabilitation Centers and NGOs  
Corporate Wellness Programs  
Crisis Intervention and Substance Abuse Counseling



## Why Choose VSSW?

- **Practice-Based Learning:** Hands-on training through fieldwork, internships, and rural camps to develop real-world skills.
- **Expert Faculty:** Guidance from experienced academicians, practitioners, and researchers.
- **Academic Resources:** Access to a specialized library, counselling labs, and seminar halls for interactive learning.
- **Student Development:** Leadership training, ethics modules, and workshops to build personal and professional skills.
- **Commitment to Social Justice:** Curriculum rooted in human rights, inclusion, and community advocacy.
- **Career Support:** Graduates work in NGOs, research, CSR, and the Public Sector through placement assistance.



## VIDYASAGAR SCHOOL OF SOCIAL WORK

Affiliated to  
**Vidyasagar  
University**  
Recognized by  
**UGC**

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## ABOUT THE INSTITUTE

Established in 1994, Vidyasagar School of Social Work (VSSW) is one of the leading centers for social work education in Eastern India. Affiliated with Vidyasagar University and recognized under UGC Section 2(f), VSSW is committed to academic excellence, professional development, and community service. With a legacy spanning over four decades, VSSW continues to nurture socially conscious and capable professionals who are ready to tackle the complex challenges of the social work field.

The school offers Bachelor of Social Work (BSW), Master of Social Work (MSW), and Post Graduate Diploma in Psychological Counselling (PGDPC) programs. Each program is carefully designed to blend theoretical knowledge with hands-on experience, enabling students to become competent and compassionate social work professionals.



## ABOUT THE COURSES:



### Bachelor of Social Work (BSW) (Honours):

**Duration: 4 Years (8 Semesters)**

**Eligibility:** 10+2 (any stream, Passed student in the last 3 years from any board)

**Objective:**

The BSW (Hons) program offers a deep dive into the theory and practice of social work, preparing students for a successful career in the human services field. It provides a comprehensive understanding of social work practices and policies, combined with multidisciplinary perspectives.

**Curriculum Highlights:**

- **Core Subjects:** Social Work Theory, Community Development, Public Health, Sociology, Psychology, Economics, Law, Education, and more.
- **Fieldwork:** Integral to the program, fieldwork offers students hands-on experience in community settings, healthcare, mental health, child welfare, and education.

**Career Opportunities:**

BSW graduates are equipped for careers in:

- Healthcare and Mental Health Care Services
- Education (Schools, Special Education, etc.)
- Child Welfare and Family Support
- Community Development, NGOs, and Government Services
- Rural and Urban Community Development



### MASTER OF SOCIAL WORK (MSW):

**Duration: 2 Years (4 Semesters)**

**Eligibility-** Honours Graduate OR Graduate with **45%** marks OR Graduate with **40%** marks for Deputed Candidates (Govt./NGO) under **10+2+3 system**

**Objective:**

The MSW program is aimed at developing highly skilled social workers who are equipped to tackle social issues and promote well-being. This course offers a comprehensive blend of theoretical learning and practical exposure, emphasizing a multidisciplinary approach to social work practice.

**Curriculum Highlights:**

- **Core Subjects:** History & Philosophy of Social Work, Case Work, Group Work, Community Organization, Research & Administration
- **Supporting Subjects:** Psychology, Medical & Psychiatric Social Work, Legislation & Criminology
- **Elective Subjects:** Women & Child Development, Mental Health & Counselling, Labour Welfare & Personnel Management
- **Fieldwork Practicum:** A crucial component, providing students with practical experience in various settings such as healthcare, community development, education, and mental health.

**Career Opportunities:**

Graduates can pursue roles in:

- Government and Non-Government Organizations (NGOs)
- Healthcare (Hospitals, Mental Health Clinics)
- Community Development Projects
- Education and Child Welfare
- Research, Policy Advocacy
- Higher Education and more.